2025

See Us, Support Us

ANNIVERSARY OF THE BILL OF RIGHTS

SEE and SUPPORT

Children of Incarcerated Parents this October

Children of Incarcerated Parents'

Bill of Rights*

I have the right...

- 1. to be kept safe and informed at the time of my parent's arrest.
- 2 to be heard when decisions are made about me.
- 3. to be considered when decisions are made about my parents.
- 4. to be well cared for in my parent's absence.
- 5 to speak with, see, and touch my parent.
- 6. to support as I face my parent's incarceration.
- 7 not to be judged, blamed, or labeled because my parent is incarcerated.
- 8. to a lifelong relationship with my parent.

*Developed by the San Francisco Children of Incarcerated Parents Partnership in 2005.

SEE US, SUPPORT US (SUSU) creates a community for and raises awareness about children of incarcerated parents, highlighting their voices, strengths and needs. This year we commemorate the 20th anniversary of the groundbreaking Children of Incarcerated Parents' Bill of Rights.

Follow SUSU this October to:

- ▶ Partner with young people to make these rights realities.
- Celebrate how far we have come.
- ▶ Identify and amplify actions that are still needed.

If you've experienced parental incarceration. follow SUSU to:

- ► Engage with podcasts, art, and advice from young people. You are not alone!
- Access resources.
- Advocate for your rights.
- ▶ Enter the SUSU Art contest at bit.ly/SUSU_Art

1 in 14 children experience parental incarceration.



To learn more, please contact Allison Hollihan at ahollihan@osborneny.org



SUSU-OSBORNE.ORG

Visit for resources, youth voices, and calls to action.











